

親愛的家長：

自香港特區政府於 1 月 25 日就新型冠狀病毒（俗稱 COVID-19）疫情的應變計劃升級到緊急水平，本中心亦會一直密切監察衛生局、教育局以及不同行業的公告及消息。

本中心會繼續以顧及教職員和您的安全為首要任務，繼上次 COVID-19 通告之後，本中心正在實施以下額外的預防措施，並立即生效。

**本中心衷心希望您能跟隨以下規則和準則，以幫助阻止病毒的傳播。您的誠實作答更能幫助彼此間的保護。**

如您符合以下其中一項條件，請逗留家中休息至少 14 天以及立即通知本中心教職員：

- 監護人及/或小童有發燒或其他流感徵狀；
- 從任何疾病中的康復期間

如您符合以下其中一項條件，請逗留家中休息至少 14 天以及立即通知本中心教職員：

- 監護人及/或小童曾於過去 14 天與有發燒或流感病徵人士有親密接觸；
- 監護人及/或小童曾前往外地工幹或個人旅行探親；
- 監護人及/或小童曾密切接觸任何過往 14 天內前往外地的人仕；
- 監護人及/或小童不論在任何地方曾接觸任何疑似或確診患上 COVID-19 的人仕(包括任何家庭成員). 疑似病例指已被隔離或正在隔離或正在接受 COVID-19 病毒檢測之人仕。

如因生病、康復或自我隔離期間缺席之課堂均符合補課安排。

前往中心前的注意事項：

- 監護人及小童離開家時以及在中心內時應配戴上自己的外科口罩，以加強個人和身邊的人之保護；
- 監護人及小童應於出門前在家中量度體溫以確保自己沒有發燒(37.5°C 或以上)；

本中心的注意事項：

- 本中心將繼續為所有監護人及小童量度體溫；
- 本中心將繼續保持每日消毒清潔；
- 本中心將繼續使用 SureClean 作每月定期深層清潔；
- 如本中心發現任何小童或其監護人有任何不適，教職員將立刻邀請他們離開。

保障自己及他人安全的指引：

- 疫情爆發期間發應避開前往人流擁擠的地方或外遊；
- 出門前請戴上外科口罩，特別外遊時或前往多人的地方時(請瀏覽 <https://youtu.be/lcU1z0oYAHU>)；
- 經常用肥皂洗手至少 20 秒，特別是在雙手明顯很髒時、接觸了體液後、如廁後、更換尿布後以及進食前。若當時無法使用肥皂洗手時，請使用酒精含度 70-80% 的消毒啫喱作基本潔手；
- 避免以用未經清洗的雙手接觸雙眼、口以及鼻的部份(請瀏覽 <https://youtu.be/A9YLXk84xIM>)；
- 身體有任何不適時，請尋求醫療幫助；
- 經常保持家居清潔，特別是廚房、浴室、門柄和玩具。使用乾淨的布作清潔表面之用，以作防止細菌傳播。
- 沖廁時應先蓋上廁板(請瀏覽 <https://youtu.be/TVLwIRBl4I4>)
- 多向小朋友解釋病毒的傳染以及保持雙手和面部清潔的重要性；

Babyhood 及 Kidshood 將繼續密切監視情況並提供進一步的更新。有關更多 COVID-19 及健康建議的資訊，請瀏覽香港特區政府的專頁 [www.chp.gov.hk/en/features/102465.html](http://www.chp.gov.hk/en/features/102465.html)

感謝您的諒解。

Dear parents,

Since the HKSAR Government raised its response level to “Emergency” in relations to the COVID-19 on 25 January 2020, we have been in closely monitoring announcements and news made from the health authorities, the Education Bureau, and different industries to be well prepared.

Your safety and well-being, along with our staffs, are and will continue to be our top priorities. Further to the last COVID-19 notice, we are implementing additional precautionary measures, with immediate effect.

**We sincerely hope you will follow these rules and guidelines in order to help stop the spread of viruses. Your honesty can help protected one another.**

Please stay home to rest for a minimum of 14 calendar days and notify us immediately if you meet one of the following criteria:

- Guardian and or child has a fever or other flu-like symptoms;
- Recovering from any sickness

Please stay home for a period of a minimum of 14 calendar days and notify us immediately if you meet one of the following criteria:

- Guardian and or child have been in close contact with anyone who has/ had fever or other flu-like symptoms over the past 14 days;
- Guardian and or child have travelled in the last 14 days on business or personal travel;
- Guardian and or child have been in close contact with anyone who has travelled in the last 14 days;
- Guardian and or child have been in close contact with anyone, including family members, who is suspected of having or has been diagnosed with COVID-19, no matter where they have travelled. Suspected cases are those where a person has been or is quarantined and or is being tested for COVID-19.

Sickness cases, recovering cases, self-quarantine cases **will all be** eligible for make-up classes

Precautions before coming to the centre:

- Guardian and child must wear surgical mask once they leave home and while they are inside the center to better protect oneself and those around;
- Guardian and child should take their temperature before leaving home to ensure no fever (37.5 °C or above is considered a fever) ;

Precautions at the centre:

- We will continue to take the temperature of all guardians, children, and staff;
- We will continue to do daily disinfection cleaning in the centre;
- We will continue to do a monthly deep cleaning with SureClean;
- If in the case our member of staff notices any children and or guardian has any signs of illness, we will ask them to leave immediately.

Tips for protection for yourself, and others:

- Avoid crowded areas, and travelling out of Hong Kong during this time;
- Wear a surgical mask when going out, especially when traveling in mass transport or in crowded areas (Watch <https://youtu.be/lcU1z0oYAHU>);
- Wash hands with soap and water for a minimum of 20 seconds frequently, especially when hands are visibly dirty, touched body fluid, after using the toilet, after changing diapers, and before eating. If at that moment soap and water are not accessible 70-80% alcohol-based hand rub is also an effective alternative;
- Avoid touching mouth, nose, and eyes (Watch <https://youtu.be/A9YLXk84xIM>);
- Seek for medical help when feeling unwell;
- Always keep household surfaces clean, especially kitchens, bathrooms, door handles, and toys. Use clean cloths to clean surfaces to prevent the spread of germs.
- Keep the toilet lid closed when flushing (Watch <https://youtu.be/TVLwIRBI4I4> )
- Explain to children how germs are spread and the importance of good hand and face hygiene;

Babyhood and Kidshood will continue to monitor the situation closely and provide further updates. For information about the COVID-19 and health advice, please visit the HKSAR's dedicated website: [www.chp.gov.hk/en/features/102465.html](http://www.chp.gov.hk/en/features/102465.html)

Thank you for your understanding